## What to Do When We Are in the Depths of Sin Psalm 130 December 8, 2024

Psalms 120-134 are known as the Psalms of Ascent.

• These were sung daily by the Israelite pilgrims as they journeyed from their exile in Babylon back home to Jerusalem to rebuild their homes and lives.

Crux of Psalm 130 is verse 3 - If you, O Lord, should mark iniquities, O Lord, who could stand?

• If God kept a record of sins, never to forgive them, no one could stand with acceptance before him.

What to Do When We Are in the Depths of Sin

\_\_\_\_\_ to God :: vv. 1-2

"The depths" refer to God's displeasure toward his sin. The waves of God's displeasure encompass him in a pit.

God's unconditional love :: Romans 8:39

• That is God's delight in his people as we stand in Christ. This love does not change.

God's conditional love :: John 14:21

• This is when God delights in his people's holiness. This love changes.

When we lose this conditional love, the result is trouble, anxiety, and restlessness. That's the psalmist's experience.

\_\_\_\_ God :: vv. 3-4

None of us would be able to stand, but with God there is forgiveness.

V. 4 - God forgives us that we might fear Him.

We wait for what? The joy that comes from being near God. We are waiting for God Himself.

Psalm 51:12 - Restore to me the joy of your salvation, and uphold me with a willing spirit.

We wait anxiously and confidently.

\_\_\_\_ in God :: vv. 7-8

We hope in his steadfast love and plentiful redemption.

## **Meditation**

- What has changed about my understanding of God?
- What did Scripture teach me about myself?
- What needs to change in my life as a result of this sermon?